



St Oliver's Mini Newsletter

Term 2

Week 1

2016

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Gospel John 13:31-35 Fifth Sunday of Easter - Year C

I give you a new commandment: love one another

When Judas had gone Jesus said:

‘Now has the Son of Man been glorified,
and in him God has been glorified.

If God has been glorified in him,
God will in turn glorify him in himself,
and will glorify him very soon.

My little children,

I shall not be with you much longer.

I give you a new commandment:

love one another;

just as I have loved you,

you also must love one another.

By this love you have for one another,

everyone will know that you are my disciples.’



Reflection

We throw around the word ‘love’ so casually today that it has almost lost its meaning. The decision whether or not to say ‘I love you’ in a relationship has become a major dilemma. Jesus did not use the word so casually or so inappropriately. He spoke of love very deliberately and very specifically. Jesus calls us to share in the selfless love that he modelled and to follow his example. What does it mean to love as Jesus loved? The love Jesus poured out to all was an expression of God’s love that has been poured out to all creation since the very beginning and continues to be poured out today. God’s love doesn’t keep score. When humankind turned its back on God, God’s love continued to call them back to faithful relationship. God’s love is not conditional – whatever we do, God continues to love us. There is no barrier that we can construct that God’s love cannot get around. It is this sort of love that the new commandment demands of us. The new commandment that Jesus announces is more than tolerance or mutual respect. It requires self-sacrificing love.

Praise: Dear God, Thank you for showing us how to love others through your son Jesus who brings us everlasting life.

Repent: I am sorry for the times I have not been loving to others as you love us.

Ask: Please help me to be more loving especially those who I find hard to love.

Yes: I want to be more loving that requires me to engage in self-sacrificing love. Amen



Anzac Day has particular significance as once again we acknowledge the centenary of World War One. Last year we remembered Gallipoli This year we consider the Western Front, where Gallipoli veterans were joined by recruits in the battlefields of France and Belgium

Dear God,

We remember those who have served and lost their lives for keeping peace in the world.

We think of those who currently serve in armies and peace keeping forces. Keep them safe and help them to protect people who are vulnerable. We pray for those who serve and leave behind families and friends. Protect and strengthen them when they feel alone and afraid. May leaders of nations seek to find peaceful solutions and work together to create a better world for everyone.

May we learn to live as peaceful and loving people in our everyday lives so that our community will be a place of welcome and hope.

God of peace, hear our prayers and strengthen us as we pray together.

Sacramental Program – (Reconciliation, First Eucharist and Confirmation) for more information

please contact St Patrick’s Cathedral, phone: 02 8839 8400 or email: sacrament@stpatcathedral.com.au

Franca Bonserio /Religious Education Coordinator

Dates to Remember

April

29th Stage 2 @ Parish Mass

May

3rd Diocesan Cross Country

5th Mother’s Day Stall

6th Mother’s Day Liturgy @ 9:15 in the hall

8th Mother’s Day

9th Winter Uniform

Coffee and Chat 9:15am

10th Naplan Years 3& 5

11th Naplan Years 3& 5

12th Naplan Years 3& 5

10th After School Sports begin for Infants

13th Stage 3 @ Parish Mass

16th Athletics Carnival

20th ES1 & S1 @ Parish mass

20th Whole School Assembly
Stage 1

30th Athletics Carnival (Back up)

June

3rd Whole School Mass

“The Most Sacred Heart Mass”

13th **PUBLIC HOLIDAY**

IN BRIEF

- Praise God.
- God creates a new you.
- Christians live love.
- Love one another.

Focus On Learning



Don't threaten, bribe or deal – breathe and act instead

By Michael Grose

Getting kids to cooperate is tricky. One method doesn't necessarily fit all kids so as a parent or teacher it helps to have a broad repertoire of responses to draw on when kids are less than perfect or you want more cooperative behaviour. Here are 5 great discipline habits to add to your parenting repertoire.

Disciplining a child can make many parents feel decidedly uncomfortable, as it doesn't generally fit an idealised picture of parenting that many of us may have. Discipline is about helping kids stay safe, become social and also be savvy and astute when they interact with others, which makes discipline a positive and very necessary part of the parenting process.

So it helps to develop some good discipline habits instead so that when we do become stressed or tired they are so ingrained in us that they become second nature.

Here are five good discipline habits to develop:

1. Avoid the first impulse so you don't overreact

A good rule of thumb is to stop yourself from reacting when children misbehave. As much of children's poor behaviour is purposeful, in that it keeps parents busy with them or is designed to let parents know that in fact you can make a child do anything they want to do, your impulsive reactions reinforce the behaviour. At times stopping and doing nothing is better than saying something you regret later on or can't follow through with.

2. Step away and take a breath to gain control

When you feel annoyed, angry or hurt by a child's misbehaviour temporarily step away from the situation and take a few deep breaths before you speak or act. This meta-moment will not only buy you time but will quickly calm you down and change your thinking, putting you back in control. Better self-management helps you respond more effectively when kids misbehave.

3. Lower your voice to be heard

Do you typically repeat yourself or raise your voice when your children ignore your request for better behaviour or even cooperation. If so you are training your kids to ignore you. Try lowering your voice rather than raising to be heard. This has the double effect of being easier to hear as well as carrying a greater sense of authority.

4. Move toward them to be noticed

Moving into children's space to deliver a message is usually more effective than issuing an order across a lounge room when you are competing with a screen for attention. It does require effort but the results in terms of getting cooperation is generally worth it.

5. Use a consequence to teach

Not all children respond positively to consequences. Very sensitive children can take consequences personally so use them sparingly with more sensitive. Sometimes a change in the tone of your voice is enough for these children. But generally reasonable consequences that have a relationship to children's misdemeanours and that are respectfully delivered are effective in teaching children to behave responsibly. The trick is to deliver them like a neutral cop – cool, calm and with not too many words.

Good habits are best developed in low or no stress situations so if you'd like to add any of these ideas to your parenting repertoire start putting them into practice in every day interactions with your children, so that they become second nature when you really need some cooperation from your kids.

**Term 2 Staff Development Day – Friday 1 July 2016
(last day of term 2)**