



St Oliver's Primary School

# Newsletter

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*At St Oliver's we are called to unite in service by living out our Mercy Values and striving to be quality learners who contribute positively to our community.*

Term 3 Week 9

<http://www.stoliversharrisparra.catholic.edu.au/home>

19th September 2019

## DATES TO REMEMBER

### SEPTEMBER

Thursday 19th  
ICAS Maths 8am

Friday 20th  
School Disco 5-6.30pm

Friday 27th  
Last day of Term 3

### OCTOBER

Monday 14th  
Term 4 commences



## Sunday's Gospel



### Gospel

[Lk 14:25-33](#)

A reading from the holy Gospel according to Luke

*All who do not renounce their possessions cannot be my disciples.*

Sunday's Gospel challenges us to think about the costs of following Jesus?

Jesus' message about being a disciple calls to us. How can some people in the world surround themselves with such luxuries while others don't have enough to eat? Does the love of 'possessions' blind us to the needs of others?

In reflecting on the Gospel maybe Jesus calls for us to like in many of his parables to be the shepherd, not just those who follow the crowd.

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## Sacraments of Initiation - Reconciliation 2019-2020

St Oliver's Parish Harris Park invites you to enrol your child for the completion of the Sacraments of Initiation (Reconciliation 2019, Eucharist 2020). This will take place through a Parish Based and Family Centred process. That means that it is you who do the preparation with your child but we help you with this through a process of guided reflection. In order to explain the way preparation takes place, you are invited to attend an Information Session. This session will provide you with enough opportunity to decide whether this is the right time for you to begin the preparation process for your child's completion of Initiation into the Faith Community begun at the time of Baptism.

The Information Session will be held on **Tuesday 24th September at 7.30pm** at St Patrick's Cathedral Parish Hall, 1 Marist Pl, Parramatta.

To be eligible for preparation at this time your child **must be 7 years of age by 30th of June 2019**; while this is the minimum age for children to join in preparation it is important to note that there is no magical age for children who have been baptised as infants to complete their Initiation into our Faith Community. It is important that you as parents discern if your child is ready and not be swayed by the fact that your child is now in a particular class e.g. Year Three. There is no right class that marks the right time for the first reception of the Sacrament of Penance, or for the first reception of the Sacrament of Holy Communion. For further information about registration and preparation for the Sacrament of Confirmation please contact Meg Gale, Sacramental Coordinator for Parramatta. Please email her at [sacrament@stpatrcathedral.com.au](mailto:sacrament@stpatrcathedral.com.au)

### Sacrament of Confirmation 2019

Congratulations to:

Karen, Olivier, Harper, Miguel, Lili and Mathieu who completed the Sacrament of Confirmation. May they continually be nourished by what the Holy Spirit brings; love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control.



### PBS4L News

This fortnight we are focusing on being **Respectful Learners**

Congratulations to Year 5 for winning the Oli Star Class



### School Fundraising

*We have vouchers available in the school office for \$8 each*

*The school receives \$3 for each voucher sold.*

*You can purchase them today from the school office with cash or EFTPOS is available.*

*Great value for the upcoming school holidays*



## St Oliver's Toy Raffle

Raffle Tickets are now on sale for \$1. If you require more tickets, please see the office staff. The raffle will be drawn on Friday, 20th September, at the completion of the disco.



# HEALTHY LUNCH BOX



## Adding fruit and vegetables

Fruit and veg has great nutritional value that helps kids learn and play at school. Eating fruit and veg also has cancer prevention benefits. Plus there's the added budget bonus: fruit and veg, especially produce that's in season, is often much cheaper than packaged products and it tastes better too. Why wouldn't you pack fruit and veg every day?!

- Include at least two serves of veg and at least one of fruit in the lunch box every day.
- Include fruit and veg as snacks as well as part of main meals in the lunch box.
- Send chopped vegies for [Crunch & Sip](#).
- Serve fruit and veg snacks at home, so they become familiar foods when packed in the lunch box.
- Fresh fruit makes a great snack, as it is easy to eat and not too messy.
- Add fruit and veg to home-made goods such as [muffins](#), [scones](#), [pikelets](#), [bliss balls](#), [pizza](#), [frittata](#) and [mini quiches](#). Try ingredients such as sultana, carrot, zucchini, apple, pear, banana or pumpkin. Baked goods can be made in advance, then wrapped individually and frozen.
- Include vegies and salad as [sandwich fillings](#).
- Avoid packaged snacks. Think of fruit and veg as go-to daily snacks.
- Keep the pantry or fridge stocked with dried or canned fruit ready to pack if you run out of fresh.
- Fruit or fruit puree tubs in natural juice or a box of sultanas are quick and easy snacks.
- Pack a rainbow of different fruits and veg to make lunches look more attractive and provide a variety of nutrients.
- Keep on serving fruit and veg and praise your child for eating new foods packed in the lunch box.

### NEXT LEVEL SPORTS SPRING CLINIC DATES:

- WEEK 1 Wednesday 2nd, Thursday 3rd and Friday 4th October.
- WEEK 2 Tuesday 8th and Wednesday 9th October.

LOCATION: St Patrick's PS, Parramatta

To book or further enquiries: [nextlevelsports@live.com.au](mailto:nextlevelsports@live.com.au)

Or find us on FaceBook.

Mr David Younis.



## Design Challenge

### A new park for North Granville

A number of our students entered this competition. The students were to design a new park and community spaces for the people of Granville to play, relax and hang out.

Congratulations to our two highly gifted St Oliver's Primary students who have won prizes for their submission to the Park Design competition.

- 1) Ella C - first prize year K-2 category (portable soccer goal and soccer ball)
- 2) Paridhi S – second prize year K-2 category (beach cricket set)

A representative from Council will come to our school early next term to present the prizes.

Here is a link to our engagement portal where parents/teachers can learn more about this project and post comments relating to the masterplan <https://oursay.org/cityofparramatta/northgranville>

#### Ella's entry



#### Paridhi's entry

