



St Oliver's Primary School

Newsletter

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At St Oliver's we are called to unite in service by living out our Mercy Values and striving to be quality learners who contribute positively to our community.

Term 1 Week 6 <http://www.stoliversharrisparra.catholic.edu.au/home>

7th March 2019

DATES TO REMEMBER

MARCH

8th
Stage 2
Parish Mass
9.15am -
10am

15th
Stage 1
Parish Mass
9.15am -
10am

APRIL
8th
Cross
Country-Yrs
3-6



Talking Around the Kids: 6 Things to Avoid

What shouldn't you discuss when little ears could hear?

1. **Fraught topics.** Be careful talking with your spouse about big issues -- like financial problems or a family crisis. Your kids are listening. Kids are magnetically drawn toward arguments and emotional discussions, says Eileen Kennedy-Moore, PhD, a psychologist in Princeton, N.J., and coauthor of *Smart Parenting for Smart Kids: Nurturing Your Child's True Potential*. However, they may not really understand what's going on. Their interpretations may be scarier than what's actually happening.

What to do instead: "If something big is going on in your household, trying to hide it from your kids won't work," says Kennedy-Moore. "Give them the basic facts." The most important detail is how these changes will affect your child.

2. **Trash talk.** Are you always criticizing about your child's teacher, another parent, another child, your mother, or your ex-husband?

What to do instead: Stop. You're modeling bad behavior for your kids. You may also say something mean about a person your kids care about -- and that can be deeply unsettling for them.

3. **Criticism of your kids.** Do you tend to vent about the frustrations of parenthood on the phone? Be careful. "It can be really hurtful if your kids overhear you criticizing them or talking about some mistake they made," says Kennedy-Moore. "They're likely to feel ashamed and then angry."

What you should do instead: Don't get in the habit of complaining about your kids. "Be discreet about your kids' indiscretions," says Kennedy-Moore. Try not to repeat them to others.

4. **Complaining.** Adults tend to complain a lot -- especially about their jobs. What's the problem? You're modeling a bad attitude that your kids could apply to school -- or later in life when they have jobs.

What you should do instead: Talk about the positive aspects of your work. "If you worked on an interesting project recently, make sure to mention that," says Kennedy-Moore.

5. **Upsetting world events.** "For kids, the world is a small place," says Kennedy-Moore. "They may overhear you talking about the news and assume that burglars are going to be coming to *their* house, or a tsunami may hit *their* town."

What you should do instead: You shouldn't shield your kid completely from world events. Just help them put the news in context and reassure them, Kennedy-Moore says.

6. **Swearing.** Many adults swear in front of their kids on occasion. Don't overreact when your kids imitate you -- that will just make the words more exciting.

What you should do instead: Try hard not to swear in front of your kids -- and never swear at them, says Kennedy-Moore. If you can't seem to control your profane outbursts, Kennedy-Moore has a suggestion. "Tell your kids to collect a quarter from you every time you swear," she tells WebMD. "They'll like doing that a lot."

Adapted from <https://www.webmd.com>

Barbara Young
Principal

Gospel

Lk 6:39-45

A reading from the holy Gospel according to Luke

A person speaks from what is in his heart.

Today's gospel is made up of three separate teachings of Jesus that have been put together by the gospel writer to convey a particular message. When taken together, the three teachings all shed light on the way believers influence one another in community. It is a call to witness to one another through actions as well as words. Before we seek to teach another we must ensure we have adequately learned the lesson ourselves. We must be self-appraising before we critique another. Finally, our actions towards one another are a reflection of our intentions; good actions come from goodness of the heart.

© Greg Sunter

Literal Sense: The passage preceding and following this weeks Gospel speak of Mercy and generosity.

Spiritual Sense: Jesus' parable in this Gospel is like the Rite of Reconciliation when we examine one's conscious.

Application Sense: Here, St Luke emphasises that we are to examine ourselves first.

Ash Wednesday

6th March is Ash Wednesday and it is the first day of Lent.

On this day, a cross of ashes is placed on everyone's forehead. The ashes come from the burnt palms of the previous Palm Sunday. The cross reminds us that Jesus died for us and asks us to love Him.



Caritas- Give Lent a 100%

Project Compassion is Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.



Each classroom this week will be provided with a **Project Compassion Box**. We ask that you generously donate to this worthy cause.



Student Prayers

Dear God, Please help me to be a better person and love one another as you have done and by not judging them on their appearance. I am very glad that you made an amazing school at St Oliver's. I love all my friends and wish that you can bless and guide them through good and bad. Amen (Ava)

Dear lord, I pray for my family, friends and loved ones to keep safe. I ask you to please watch over them always and your blessings be upon them. Thank you for all the blessings of today and for all the days. Amen (Suhana)

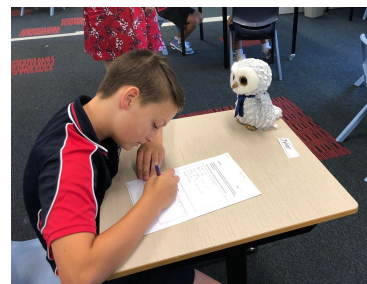


“We listen Attentively”



Oli Star Class

Congratulations to Yr 5 who were demonstrating 'We are Safe' in Week 5.



Safety and Wellbeing of our Children

At St Oliver's we have three expectations:

- We are safe
- We are respectful
- We are learners

These expectations are for our entire community, not just for our children.

At no time is it appropriate, nor permitted, for adults to approach another child and speak to that child. If you have a concern about another child, please speak to the classroom teacher.

When picking up your child/children in the afternoon, we ask that parents keep their children with them at all times. Teachers will also be reminding the children to stand with their parents. This procedure is to ensure your child's safety and the safety of all our children.

Parramatta Diocesan Swimming

Congratulations to Alexa who represented St Oliver's and the Cumberland Zone on Friday 22nd February in the 50m Butterfly.



A big thank you to Grill'd at Church St Parramatta for their \$100 donation



Local Matters jar

School Shades™



St Oliver's is a SunSafe School.

To protect the eye-health of our students, School Shades sunglasses are now available in 4 sizes (S, M, L, XL), colour matched to our school uniform and printed with our school name.

School Shades sunglasses are approved to the highest Australian UV standards and have shatterproof, poly-carbonate lenses.

Each set of tough, built-for-kids pair of sunglasses includes:

- an ID panel to label your child's name
- a microfibre cloth
- a matching case with bag clip.

Sunglasses are \$15.00 per pair and may be ordered at the office.

Purchasing of sunglasses is optional



We have vouchers available in the school office for \$8 each

The school receives \$3 for each voucher sold.

You can purchase them today from the school office with cash or EFTPOS is available.

**ZERO & REWARDS CARD HOLDER
EXCLUSIVE OFFER**



INSTORE & ONLINE THURSDAY 14TH MARCH.

* Excludes gift cards, all suit packages & Schoolwear byby's. Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Offer ends midnight (AEDT) 14/03/19. Must use Zero or Rewards card to receive discount.